Best man speech for a colleague: from work friend to wedding toast

You do not need childhood stories. Open with how you met at work in one sentence, tell one work story that shows character when nobody is scoring points, add one story or detail that includes his partner, then toast both names. Avoid org-chart jokes, Slack-only punchlines and anything that sounds like a performance review.

Checklist

- [ ] One sentence for the origin, then leave the org chart.
- [ ] One scene that proves character.
- [ ] One beat that includes the partner so it is a wedding speech, not a leaving do.
- [ ] The night he stayed so someone else could leave.
- [ ] How he talked about his partner before you had met them.
- [ ] The first time the friendship left the building — a dinner, a lift home, a weekend.
- [ ] A calm save on a bad day, told without naming clients or confidential detail.

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