Non-drinking stag do ideas: 15 plans everyone can enjoy

There are 15 non-drinking stag do ideas on this page, for a day, an evening or a weekend. Each one is an activity the groom would enjoy anyway, a proper meal, and a time you stop, including mixed groups where some people drink and some do not.

Checklist

- [ ] Why groups go dry, or mixed
- [ ] Daytime ideas
- [ ] Evening ideas
- [ ] Weekend ideas
- [ ] Mixed groups
- [ ] What it tends to cost
- [ ] How to pitch it
- [ ] A walk with a proper lunch. Coast path, hill, canal, park he already likes. Book a table at the end, not a vague "we'll find somewhere". People who do not know each other talk more easily on a path than in a circle of chairs. Keep the distance honest for the least keen walker.
- [ ] Something competitive he actually rates. Go-karting, clay shooting, a driving experience, a climbing wall, an axe-throwing lane if that is his taste and not just a brochure. One session, then food. Do not stack three activities unless the group asked for a sports day.
- [ ] Five-a-side, rounders or a friendly match. Hire a pitch, mix the teams so school friends are not all on one side, and stop while everyone can still laugh. A dad or an uncle can referee from a chair. Nobody has to be good.
- [ ] Cook the meal yourselves. A hired kitchen, a class, or someone's house if it is genuinely big enough. Give the groom a job that is visible and hard to ruin, such as the toast or the playlist. Eating what you made is the evening sorted.
- [ ] An escape room, then lunch. Two rooms if the group is large, so you are not twelve people in a corridor. It forces new people to talk to each other. Debrief at the table, not in the car park.
- [ ] A late breakfast and one thing he loves. A match, a gallery, a market, a record shop, a car show. The luxury is unhurried time, not a wristband. This is the right plan when he has said he wants "nothing daft".
- [ ] A private dining room and a groom quiz. The quiz is in the games guide. A private room means you can be noisy without performing for a bar. Order a menu where every person can eat, and put soft drinks on it with the same care as wine.

Want the full kit? Stag Do & Bachelor Party Playbook · £11.99
Eight games, groom quiz, challenge cards and Stag Awards. See bestmanbackup.com/kits/